

GECAC CORRY SENIOR CENTER

APRIL 2025 NEWSLETTER

25 FIRST AVENUE, CORRY, PA 16407 (814) 664-2477

OPEN TUESDAY—FRIDAY 9 A.M. TO 3 P.M.

Rachael Price, Senior Center Director

Valeri Raymond, Senior Center Assistant

DATES TO REMEMBER

- 4TH **SPEAKER: ADAGIO @11:00 AM** Challenges & Solutions
- 8TH **Community Nurses of NE @10:30 AM**
Blood Pressure Screening
- 9TH **SPEAKER: ATTY. GEN.'S OFFICE @10:30 AM**
Identity Theft
- 11TH **SPEAKER: LIFENWPA @10:30 AM** Spring Craft & Fine Motor Skills
- 15TH **PROPERTY TAX/RENT REBATE** By appt. only.
Call (814)664-2477 to schedule appt or see Rachael for a time slot 10:00 AM—3:00 PM
- 16TH **SPRINGTIME PARTY** 50/50 Lottery Tree
BIRTHDAYS
- 18TH **CLOSED FOR GOOD FRIDAY HOLIDAY**
- 25TH **SPEAKER: PA RELAY Telephone Services**
@11:00 AM
- 28TH **SAFE DRIVING CLASS: Renewal Class**
9:00 AM—1:00 PM
- 29TH **SPEAKER: Fall Prevention @11:00 AM**



BIRTHDAYS

- 4-2 **SHARON LESH**
- 4-3 **NORMA COCHRANE**
- 4-8 **MARY BURROWS**
LAURA SAVKO
- 4-16 **NANCY VANDERCOY**
- 4-21 **LINDA KYSOR**
- 4-23 **LUCY NELSON**
GAIL VANDERHOOF
- 4-24 **DAVE ROTH**
- 4-25 **RHONDA ROBERTS**

**** UPCOMING DATES ****

- APR 16** **Springtime Party**
Reservations Due by **WED., APR. 2ND**
- MAY 7** **Mother's Day Party**
Reservations Due by **WED., APR. 23RD**
- JUN 11** **Father's Day Party**
Reservations Due by **WED., MAY 28TH**

ALL PARTY RESERVATIONS ARE DUE BY THE DATE GIVEN FOR EACH PARTY!! NO EXCEPTIONS!!

GECAC'S Inclement Weather Protocol for CLOSINGS


IF THE CORRY AREA SCHOOL DISTRICT HAS A 2-HOUR DELAY OR CLOSES SCHOOL, THE GECAC SENIOR CENTER WILL BE CLOSED.

ALL CLOSING WILL BE SHOWN ON OUR LOCAL TV STATIONS AND OUR FACEBOOK GROUP "GECAC CORRY SR CTR"



APRIL CALENDAR & MENU

MENU SUBJECT TO CHANGE

| Tue | Wed | Thur | Fri |
|--|--|--|--|
| <p>1 CHICKEN SALAD 9:00 CARDS</p> | <p>2 SWEDISH MEATBALLS 9:00 CARDS 12:30 BINGO</p> | <p>3 HAM 9:00 CARDS 11:00 EXERCISE</p> | <p>4 MEATBALL SUBS 9:00 CARDS 11:00 SPEAKER: ADAGIO Challenges & Solutions 12:30 BINGO</p> |
| <p>8 BEEF STEW 9:00 CARDS 10:30 BLOOD PRESSURE SCREENING</p> | <p>9 SALISBURY STEAK 9:00 CARDS 10:30 SPEAKER: Atty. General's Office Identity Theft 12:30 BINGO</p> | <p>10 STUFFED CHICKEN 9:00 CARDS 11:00 EXERCISE</p> | <p>11 RAVIOLI 9:00 CARDS 10:30 SPEAKER: LIFE NWPB Spring Craft & Fine Motor Skills 12:30 BINGO</p> |
| <p>15 SAUSAGE SUB 9:00 CARDS 10 AM - 3 PM Property Tax/Rent Rebate By APPT. ONLY Call to schedule (814) 664-2477</p> | <p>16 SPRINGTIME PARTY Lottery Tree 50/50</p> <div data-bbox="492 1073 760 1325" style="text-align: center;">  <p>BIRTHDAY'S</p> </div> | <p>17 STUFFED CABBAGE 9:00 CARDS 11:00 EXERCISE</p> | <p>18 CLOSED GOOD FRIDAY HOLIDAY</p> |
| <p>22 GRILLED CHICKEN 9:00 CARDS</p> | <p>23 GOULASH 9:00 CARDS 12:30 BINGO</p> | <p>24 CHICKEN FETTUCCINI 9:00 CARDS 11:00 EXERCISE</p> | <p>25 HOT TURKEY 9:00 CARDS 11:00 SPEAKER: PA Relay Telephone Service 12:30 BINGO</p> |
| <p>29 PORK ROAST 9:00 CARDS 11:00 SPEAKER: Fall Prevention</p> | <p>30 STUFFED CHICKEN 9:00 CARDS 12:30 BINGO</p> | <p>1 CHEESEBURGER 9:00 CARDS 11:00 EXERCISE</p> | <p>2 CHICKEN ala KING 9:00 CARDS 12:30 BINGO</p> |

COMMUNITY PHONE NUMBERS

GECAC AAA OFFICE: (814)459-4581

AAA TOLL FREE: (800)769-2436

AFTER HOURS (CRISIS LINE)

Day (814)451-4581 Ext 400

Evening (814) 451-1520

PACE-PACENET: (800)225-7223

ERIE CO VETERAN'S AFFAIRS:

(800)274-8387

SOCIAL SECURITY ADMIN:

(877)405-3543

AGENCY WEBSITE: www.gecac.org

PA AGING WEBSITE: www.aging.pa.gov

How do our contributions and fundraising dollars help our center?

Meal Contributions help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$7.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able.

The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.

MONTHLY ACTIVITIES

LUNCH IS SERVED @ NOON FOR

SENIORS 60 YRS & OLDER.

MEALS ARE \$2.00 CONTRIBUTION

PLEASE MAKE YOUR MEAL
RESERVATIONS

2 WEEKS IN ADVANCE

PARTIES WILL BE \$5.00, UNLESS

STATED OTHERWISE

500 CARD CLUB

HELD ON TUESDAYS

BINGO IS PLAYED ON WEDNESDAYS & FRIDAYS @ 12:30. We have LOTS OF FUN, so come join us!!!

TAI CHI EXERCISE THURSDAYS!

Let's be healthy!

GAMES & WII ANY DAY!

The Corry Senior Center is operated by the Greater Erie Community Action Committee and funded in part by the County of Erie, Area Agency on Aging.

Dr. Benjamin Wilson, CEO

Ray Maholtz, Director— Director of Erie Area Agency on Aging



SOME REMINDERS FOR YOU Please remember to bring an extra sweater during the winter months to help keep you warm at the Center. Also, please bring an extra pair of shoes to wear once you've removed your snow boots at the door. This will help keep our floors dry and prevent yourself and others from slipping and falling to make everyone safe and injury free!

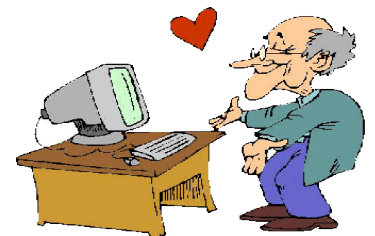
Also, reminder that we do offer SNACKS, but they are not free. The Center has purchased these items for everyone. A donation of .50 cents per item can be put in the BOX provided beside the SNACKS. Thank you for those who donate snacks!

WE APPRECIATE YOU!!

WI-FI is available FREE TO OUR SENIORS!!

Prior to using the WI-FI, members will need to sign the GECAC POLICY AGREEMENT .

Please see RACHAEL OR VALERI FOR ASSISTANCE



JOIN OUR FACEBOOK GROUP!!!

You can find us through the Group Search. Type in “**GECAC CORRY SR CTR**” and ask to join. There are a few questions to answer and you'll need to agree to the Group rules, but it's easy and it's for your protection.

We will be posting our newsletters, upcoming events, weather updates and some other activities for you to be able to participate in at the Senior Center. Talk with other current and active members and perhaps meet some of the new members that have joined us.

GREAT RESOURCES:

GECAC has a website!! Check out www.gecac.org to see all that we do to help the community!

Pennsylvania 211:
Get Connected. Get Help.™



What is 211 used for in PA?

Every day, clients contact 211 to access **free and confidential information**. If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utilities bill, to housing assistance, afterschool programs for kids, and more, **you can dial 211 or text your zip code to 898-211 to talk to a resource specialist**. Our specialists will listen to your needs, and give you information on programs in your community that might be able to help.

Visit www.pa211.org to explore programs available in your community by categories such as financial assistance, housing, and food.

LIHEAP: Need help with heating bills?

LIHEAP can help. Call 1(877) 443-2743

or visit www.LIHEAPhelps.com to sign up!



SNAP/EBT (food stamps) can make online purchases and have delivered to their home, as per attached and same information below.

Resources For Online SNAP Purchases

In Pennsylvania, residents who receive SNAP/EBT are now able to buy SNAP eligible foods and drinks online through Walmart and Amazon. These benefits can also be used to buy plants and seeds to grow food at home. This is a great way to get the food if you lived in a food desert or are unable to make it to the nearest grocery store.



MEDICARE MINUTE...

Medicare Part B (Medicare Insurance)

Medicare Part B will cover diagnostic hearing and balance exams if your Medicare enrolled doctor or health care provider orders them to find medical treatment.

You can also see an audiologist once every 12 months without an order from your health care provider, but only for:

- Non-acute hearing conditions (like hearing loss that occurs over many years)
- Diagnostic services related loss that's treated with surgically implanted hearing devices

To find out how much your test, item or service will cost, talk to your doctor or health care provider. The specific amount you'll owe may depend on several things, like:

- Other insurance you may have
- How much your doctor charges
- If your doctor accepts assignment
- The type of facility
- Where you get the test, item or service

Your doctor or other health care provider may recommend you get services more often than Medicare covers. Or, they may recommend services that Medicare does not cover. If this happens, you may have to pay some or all of the costs. Ask questions so you understand why your doctor is recommending certain services and if, or how much Medicare will pay for them.

Medicare Part B **does not** cover hearing aids or exams for fitting hearing aids.

To discuss your Medicare plan, talk to Rachael in the office or call (814) 664-2477 to set up an appointment. We can help look at eligibility for cost savings programs, and explain preventative services as well.

This year, on April 22, we will celebrate the 55th anniversary of Earth Day 2025. It is a day in which we all get to express our love towards the earth. It's a special day to recall that conservation of resources such as water, planting trees or reducing on the use of plastics goes a long way. We can save the planet for the future, and yes, the future is now, the planet requires our help. Come on people and the whole world, let's learn how to make this world cleaner, greener, and healthier for everyone.



Turning Awareness into Action: How to celebrate Earth Day 2025?

To achieve the vision of this 2025 year theme "Our Power, Our Planet™" we need to act immediately and in collaboration. This Earth Day, let's commit to:

- **Advocating for Policy Changes:** Demand governments triple renewable energy generation by 2030.
- **Adopting Renewable Solutions:** Install solar panels and go for green energy plans, and support businesses that care about sustainability.

Educating and Mobilizing Communities: Take part in [Earth Day activities](#) like clean ups, organize educational events and create awareness of benefits of renewable energy.

- **Planting Trees and Supporting Reforestation:** You can join tree planting events or online donations to organizations engaged in reforestation projects.
- **Reducing Single-Use Plastics:** Use reusable like cloth bags, metal straws, and water bottles.
- **Practicing Energy Efficiency:** Use energy efficient appliances, turn off the lights when you're not using them, and insulate your house to save energy.

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As a Student, You can participate in debates, or organize local awareness event in your university. You can also prepare a strong [speech on Earth Day](#) to raise awareness among other people about this global event.

- **Choosing Sustainable Transportation:** Reduce your carbon footprint by walking, biking, carpooling or taking public transportation.
- **Supporting Local and Eco-Friendly Brands:** Buy from businesses who focus on sustainability and try to cut down on waste in their production processes.
- **Engaging in Online Campaigns:** Try sharing information on social so others can be made aware and take action to act.

As a Parent, engage and educate your kids about the importance of earth day and ask them to write an [essay on earth day](#), so that they will gain better understanding of this global event.



***** 2025 UPCOMING PARTY DATES *****

APR 16 Springtime Party

Reservations Due by WED., APR. 2ND

MAY 7 Mother's Day Party

Reservations Due by WED., APR. 23RD

JUN 11 Father's Day Party

Reservations Due by WED., MAY 28TH

The **COST** for the parties will be **\$5.00** with the exception for July and December Parties.